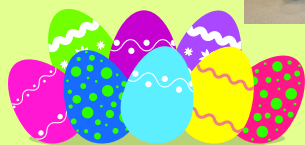




# EASTER NEWSLETTER

## JANUARY - APRIL 2023

We have had an egg-cellent Spring term with so much packed in, we hope you enjoy catching up on our news.



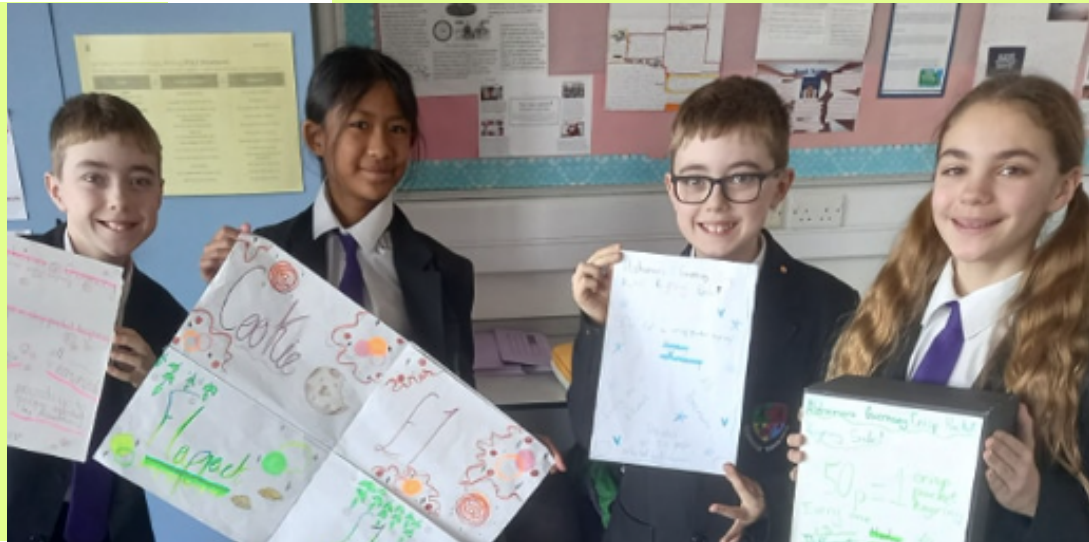
### DATES FOR THE DIARY

- **Tues, 25th April - Term starts**
- **Fri, 28th - Sun, 30th Apr - Silver DofE Practice (rescheduled)**
- **Mon, 1st May - May Day holiday**
- **Thurs, 4th May - Y7 Parents' Evening**
- **Mon, 8th May - Coronation holiday**
- **Tues, 9th May - Liberation Day**
- **Wed, 10th May - **MONDAY** timetable**
- **Thurs, 11th May - Y8 Parents' evening**
- **Fri, 12th - Mon, 15th May - Silver DofE Qual**
- **Tues, 16th May - Parent Workshop KS3 Science**
- **Fri, 19th May - Bronze DofE G1 practice expedition**
- **Tues, 23rd - Wed, 24th May - Y10 Geog trip**
- **Thurs, 25th May - Sports Day**
- **Fri, 26th May - Finish for half-term**
- **Sun, 25th June - Stage Sound performing at Government House (Charities Day)**



# MESSAGE FROM THE PRINCIPAL

DEAR  
PARENTS &  
CARERS,



We continue to work on the Ofsted areas for development. Staff have worked hard to develop the curriculum with an increased focus on ensuring our universal offer meets the needs of all of our students. Curriculum remains a focus where we have used training days and weekly meetings for development.

Quality assurance across the school is strong and consistency continues to improve. Personal Development and our pastoral curriculum is embedded and aligns with the Bailiwick Curriculum as well as our local context. This year, we have also launched new school reports which all schools in the Secondary Schools Partnership have adopted.

We have incrementally raised expectations for the whole school community and behaviour has improved significantly. The final piece of our behaviour system, 'Reset', was introduced and students have responded well. Thank you for supporting your child in ensuring uniform and equipment are ready at the start of each day, dress has greatly improved and students wear their uniform with pride. We have simplified our systems so students understand how to report bullying concerns. Our respect merits are published weekly and students are celebrated for kindness to one another.

Our anti-bullying ambassadors are undertaking the Diana Award where their work will impact our whole school community.

As part of our behaviour system, we have increased the opportunities to reward students. Legend cards are given to students for getting things right inside or outside the classroom. Students are nominated by their tutor for 'Freddo Friday'. Positive calls home from the Principal continue where a staff member can nominate someone who is doing their best. We have also introduced weekly attendance draws where everyone has a chance of winning as long as they have been on time and present for the whole week. We continue to award daily merits in class.

Our whole school attendance is improving, we encourage all students to arrive on time and regularly. Sometimes children are ill but should there be any worries or concerns that are stopping your child attending please let us know either through your tutor, Head of Year or contact the school office and we can be sure to get back to you. I hope this gives you a flavour of some of the continuing improvements we are working hard to address in school.



# MESSAGE FROM THE PRINCIPAL

## CONTINUED...



Thank you to all who have attended our Parent Forums. They have been valuable for information sharing and it is most helpful to receive your feedback. We hope that during the Summer Term our new Year 6 parents will be able to join some of them so they too can begin to gain an understanding of life at St. Sampson's. The dates can be found at the end of this newsletter.

At the end of any term we have staff leaving, we thank colleagues for their contributions to St Sampson's High School and wish them well for the future:

**Mrs S Ingram-Dodd - Assistant Headteacher**

Mrs D Hollingworth - Head of Year 7, Teacher of English and Media Studies

**Mrs G Lumb - Head of Year 11, Teacher of Science**

Ms M Beeden - Teacher of Mathematics

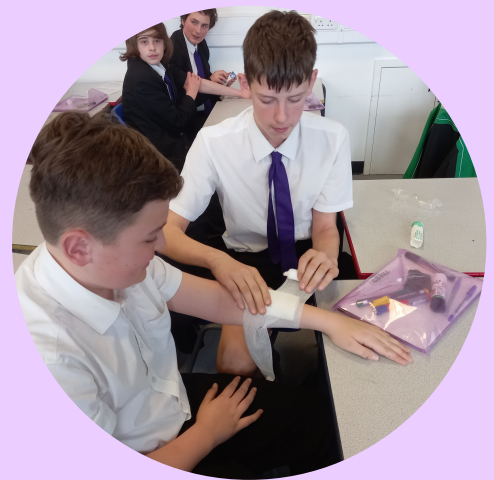
**Mr T Veillard - Cover supervisor**

Mr W Rutherford - Audio Visual Technician

**We welcome at the start of the summer term:**

**Mr I Bailey - Teacher of Science**

Mrs G Flatley - Teacher of Computer Science



**As you will be aware Ms Carter and Miss Woodhard are overseeing Year 11 and Mr Allison is overseeing Year 7 until we are able to appoint.**

I hope you enjoy reading our news.

Yours sincerely,

Mrs. V Godley



# Aspirations Talks

WE HAVE BEEN SO PRIVILEGED TO HAVE TALKS FROM SEVERAL ORGANISATIONS THIS TERM. WE LOOK FORWARD TO INVITING MORE GUESTS TO SPEAK TO US.

## AURIGNY

*Charlotte & Carlotta*

We were so pleased to welcome back our Aurigny visitors. They talked to us about training for Cabin Crew and we did some safety demonstrations. It's much harder than it looks!



## COBO BAKES

*Cupcakes with Tim*

Tim talked to us about how nothing is impossible and how we should always follow our dreams. Thanks, Tim!



## ELECTRONIC & BIOMEDICAL ENGINEERING

*Jake from EBME at PEH*

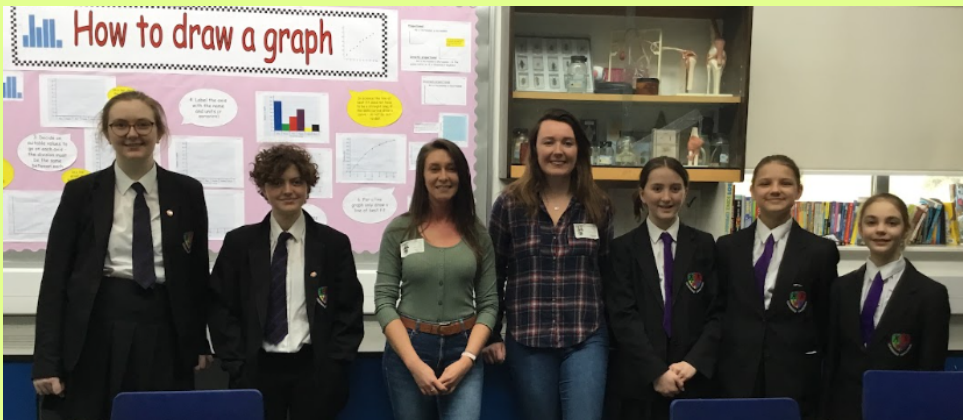
Jake's essential work mostly happens behind the scenes as his department is responsible for maintaining all of the life-saving machines in the hospital. He showed us demonstrations of how he tests different medical equipment, as well as the different routes you can take into engineering at the PEH: Did you know that you can become a trainee with the EBME department after your GCSEs?



## PATHOLOGY

*Jade & Gemma from PEH*

Our two visitors discussed what it is like to be a woman working in STEM, and the interesting cases they test every day in their laboratory. Jade and Gemma's talk was very enlightening for our students as it showed how we don't have to have our career paths all planned out at 16.







# CELEBRATING THE GOOD



## FREDDO FRIDAYS

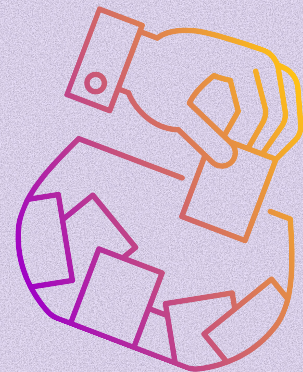
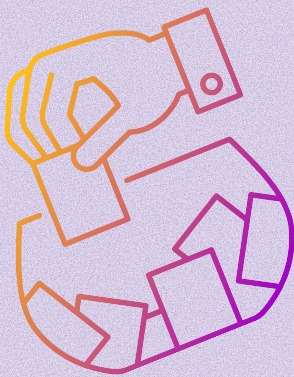
WHO WILL WIN NEXT WEEK?

Nominated by their tutor, a student from each tutor group will win a Freddo every Friday. Make sure you're in tutor each day so you can be in with a chance of winning.



## 100% ATTENDANCE RAFFLE £2 CANTEEN VOUCHERS

Each week, 5 students will be chosen to win a voucher as a reward for their 100% attendance.





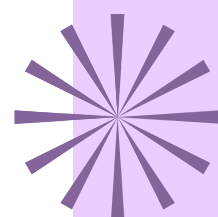
# THE DIANA AWARD



"If any student has a problem with bullying they can come to us for support. We will also run campaigns to support the abolishment of bullying, and to promote solidarity with groups that could be at risk."



Students from Y7-10 have taken part in training that will equip them with the necessary skills to help and support victims of bullying. We hope that this initiative will help to continue improving the anti-bullying culture at SSHS.





# EISTEDDFOD SUCCESS

## COMPOSITION CLASS

Amelia Winsall took 1st, followed by  
Owen Hassall and Kirstie Gosney in  
2nd and 3rd place.



## CHAMBER CHOIR

### HIGHLY COMMENDED

We saw a fabulous performance from  
our Chamber Choir. They took 3rd  
place overall and received a 'Highly  
Commended'.

Sophie Collenette and Susie Costley  
took 2nd in the U-14 Viola.

Olivia Atkinson took 2nd in the U-16  
Viola.



## ROXY LE POIDEVIN

### U-12 PIANO

Roxy received a Distinction  
and came joint second for  
her piano playing. We are so  
proud of you, Roxy!





## SACRED SONGS

Beth Phillippe received a Distinction and 3rd place. A beautiful performance!

## SSHS ORCHESTRA DISTINCTION

We were thrilled that our orchestra won The Christopher Award following this year's performance.



## STAGE SOUND

### OUTSTANDING

For the second year in a row, Stage Sound won The Frank Gaudion Trophy.

We are so proud of everyone who contributed to this fantastic achievement.





# MUSIC EXAMS CONGRATULATIONS!

**Noah Millar – Grade 8 – Electric Guitar**

**Meena Du Plessis Renouf – Grade 6 – Singing**

**Amy Adams – Grade 5 – Oboe**

**Rachel Miller – Grade 6 – Singing**

**Isabelle Falla – Grade 4 – Flute**

**Jane Van Der Watt – Grade 2 – Flute**

**Kirstie Gosney – Grade 3 – Clarinet**

**Myleen Le Page – Grade 3 – Clarinet**

**Jasmin Atkinson – Grade 7 – Clarinet**

**Ivy David – Grade 4 – Drum Kit**

**Jayden Tucknott – Grade 3 – Drum Kit**

**Sophie Collenette – Grade 5 with Merit – Viola**

## Stewart Foster

On Wednesday, 29th March, our

Y7 students were fortunate to receive

a visit from famous author Stewart

Foster. He made us laugh, inspired us to

write and even had some students

reading aloud from his book. Thank you,

Stewart! You can borrow copies of his

books from our school library.



**STRING  
ENSEMBLE**  
**HIGHLY  
COMMENDED**

The String Ensemble won their class after a fantastic performance. You should all be very proud of yourselves!



**DAVID TORODE**  
**JAPANESE POEM**

David conquered his fears and received a Merit for reading a Japanese poem. We are so thrilled to celebrate his success.

**ELLIE & SUSIE**  
**OWN CHOICE POETRY**

Susie Costley (Y8) and Ellie Luxon (Y7) placed equal 2nd in the Eisteddfod Poetry competition. Well done, both of you!





## PUFFINS!

MEET OUR TWO LOVELY PUFFINS THAT WERE PAINTED WITH HELP FROM SEB BROWN, EMILY SHARP, EVIE FRIEND, TIA DOMAILLE, BETHANY MORT, ADA VAN DE WATT, CHESTER PALZEAIRD AND IMOGEN ELLIS. WE LOOK FORWARD TO SEEING THESE BEING DISPLAYED AROUND GUERNSEY AND RAISING MONEY FOR AUTISM GUERNSEY AND THE GSPCA. THANK YOU TO OUR SPONSORS, OGIER ADVOCATES AND BEAUMONT SPECIALIST CONTRACTING.



Everyone at Ogier wants to say a big 'thank you' to everyone involved in painting Pog the Puffin. He looks fantastic and they are all looking forward to seeing him on the trail.

As part of Ogier's own journey to become more environmentally friendly, they have partnered with Certified B Corp EcoMatcher to plant trees around the world. As a thank you for painting Pog, they are going to gift St Sampson's High School with ten trees through this scheme. Stay tuned for more details about where our trees will be planted coming soon!



[www.stsampsonshigh.gg](http://www.stsampsonshigh.gg)



[office@stsampsonshigh.sch.gg](mailto:office@stsampsonshigh.sch.gg)



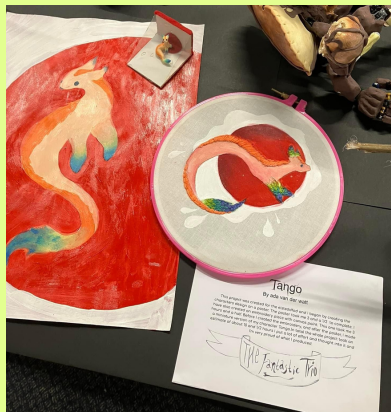
[facebook.com/stsampsonshigh](https://facebook.com/stsampsonshigh)





## ART EISTEDDFOD

SSHS WON THE MITCHELL  
MEMORIAL TROPHY FOR  
THE BEST SENIOR  
SCHOOL DISPLAY WE ARE  
REALLY SO VERY PROUD  
OF OUR STUDENTS  
WHOSE FANTASTIC WORK  
MAKES THE DISPLAY  
POSSIBLE. ♥





# CELEBRATORY DAYS

## WORLD BOOK DAY

THURSDAY, 2ND MARCH

Students shared their favourite books and took part in quizzes to celebrate World Book Day.



## INTERNATIONAL WOMEN'S DAY

BREAKFAST

On Wednesday, 8th March Y10 and 11 students were treated to an inspirational talk from Tanya Sholtz and a delicious breakfast at St. Pierre Park Hotel. It was a great way to celebrate International Women's Day.



## EVEREST CHALLENGE

THURSDAY, 30TH MARCH

We were delighted that so many students signed up to take part in this year's Everest Challenge. We had more than 200 climbers and raised a fantastic total of £2482.94. Well done to everyone who participated!



# LANGUAGE LEGENDS



The Department of Modern Foreign Languages would like to acknowledge the following students who have worked extremely hard and made excellent progress this term. These students have shown high levels of dedication to the subject and will receive a certificate, postcard home and a small prize. Well done and keep it up!

**Y7 French: Kiarra Cleal & Blake Dray**

**Y7 German: Ben Holland & Thomas Troalic**

**Y8 French: Evie Bellis & Mya Vaudin**

**Y8 German: Blake Phillips & Imogen Ellis**

**Y9 French: Evan Le Huray & Harvey Huxster**

**Y9 German: Amelia Sheppard & Chloe Hodgson**

**Y10 French - Phoebe Lesbriel & Josh Seymour**

**Y10 German: Elizabeth Collenette & Harley Batiste**

**Y11 French: Mia McKenzie & Erik Murphy**

**Y11 German: Rachel Miller & Dexter Ryan**



**Gut gemacht und macht weiter so! Bravo et continuez  
comme ça !**

**Miss Jones, Ms Clark & Mr Hurford**





# FICTION ADDICTION



## BOOK CLUB

Thursdays at 12.30

MEETING ROOM 2 (STAFF CORRIDOR)

ALL YEARS WELCOME – bring your lunch

Chilled out and friendly group

Great books



The yoto  
Carnegies

STARTING SOON.....

READING, REVIEWING AND  
VOTING ON THE 2023 CARNEGIE  
WRITING AWARD BOOKS

# Student Council

## CANTEEN REVAMP

Our Student Council carried out surveys about our canteen furniture and found that students wanted more inclusive seating.

They were able to procure traditional American Diner seating courtesy of Quinn from The Venture Inn. We are loving our new seats!







# DofE News

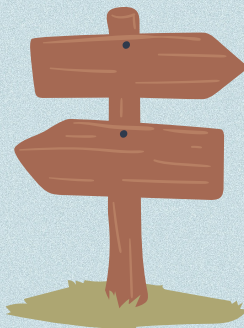


## Silver

Students have worked really hard to plan their routes for their practice expedition in Sark and their qualifying expedition in Jersey. We were disappointed to have to cancel our expedition to Sark but we are looking forward to it taking place at the end of April. Please join us in crossing your fingers for good weather!

## Bronze

Students have been busy with their training - tranguia cooking, tent pitching and first-aid. Expedition season has begun and it won't be long until we are packing our bags and setting off!



## Lieutenant-Governor Visit

We were thrilled to host the Lieutenant-Governor and Mrs Cripwell at SSHS. Silver DofE students made them a cup of tea on the tranguia and pitched our brand new tents (courtesy of the PTA) and enjoyed chatting about their DofE experiences.





# HISTORY

## Castle Competition

The History department is having an **optional** competition to see which Year 7 pupil can make the best, historically correct, castle. It should be made at home, using your own historical knowledge and research. There are different types of castle you can make from **medieval British** history, and you can use any materials you want, as long as you are careful and ask for help from an adult.

Or it can be made on computer and printed out, a sandcastle version which you have taken a photo of, a cake version, etc...

Here are a few different types of castles you can make:

**Motte and Bailey castle.**

**Concentric castle.**

**Square keep castle.**

It is optional and you do not have to enter. There will be House points awarded and a prize for the best, most historically correct castle as long as it is entered to the History department by

**Friday 28<sup>th</sup> April**

Best of luck!



**WE RAISED OVER £1000!**

On Friday, 17<sup>th</sup> March we held our Red Nose Day celebration. Students wore mufti, sold cakes, threw sponges at teachers and hosted a variety of games and activities to raise money. We are so grateful to everyone who took part and donated.

## BATTLE OF THE BANDS

Our brilliant Y11 band, FUSE, played a fantastic set on Friday the 4<sup>th</sup> of Feb. They were full of energy and gave a consistent high-quality performance throughout their set. Huge congratulations to Meena, Adam, Ethan and Harry. We look forward to seeing more of FUSE in the future.





# SPORTS NEWS



## SARAH HUNTER & HELENA ROWLAND

### ENGLAND RUGBY

Students attended an inspirational talk and training session with these England Rugby greats.



## Y7 TRAINING WITH GCFE

DODGEBALL, BASKETBALL, FOOTBALL & ROUNDEES

Students have enjoyed spending lunchtime sports sessions led by GCFE students. This was a great opportunity to meet new people and try new skills.

## BASKETBALL TOURNAMENT

Y9 - 5TH PLACE

We were very proud of the fantastic effort made by our Year 9 team. Well done to everyone who took part.



## UPCOMING EVENTS

**Easter 7's Rugby Festival – Sunday 9th April**  
**Sports Day – Thursday 25th May**





# Y11 BASKETBALL



# Y7 BASKETBALL

Our fantastic team took joint first-place (with Blanchelande College) during their recent tournament. A brilliant achievement!



# Y9 Basketball



Our Y9 team came first place in their tournament!

## KS3 Hockey

We are so proud of these lovely students. They demonstrated excellent teamwork and determination in their recent tournament.



## Y10 Core PE

Students on the Core PE Leadership Pathway developed their own Boxercise sessions.

## Inter-School

## Badminton



Students played fantastically against the other schools.





# Y8 BASKETBALL



Students took first place (joint with Elizabeth College) and won the tournament. Absolutely brilliant!



## Y10 Basketball



The team made an excellent effort in all of their matches.

## KS3 Badminton

There were lots of closely contested singles and doubles matches. Well done to everyone for their fantastic effort.



## B Creative Dance & Fitness

Y8 students enjoyed street dance with Brandi

## Guernsey

## Rugby



Students enjoyed an afternoon training session with Liv.







# Y11

## REVISION TIPS



- Access past exam papers from your teachers
- Create flash cards to refer back to or carry around with you to do hotspot revision
- Don't just do the 'easy' topics – allow yourself plenty of time to tackle the topics you find most difficult
- Sleep, eat, exercise and rest properly! Sleep is important – avoid late nights. Drink plenty of water and eat plenty of fruit, nuts, fish, eggs and brown/sourdough bread. AVOID caffeine, sweets and sugar loaded energy drinks. Dark chocolate is a good treat – not too much!!
- Get to know your examination timetable and plan revision, rest and activities around the schedule so you retain control and stay organised
- Prepare for each exam - know the mark scheme; know command words; know your time frames and make sure you have any specific equipment.

### ICT/BUSINESS/COMPUTER SCIENCE

Follow the links on Google Classroom for ICT, Business and Computer Science revision.

### ENGLISH

Join the Google Classroom: 6h4bcof to view past exam papers.

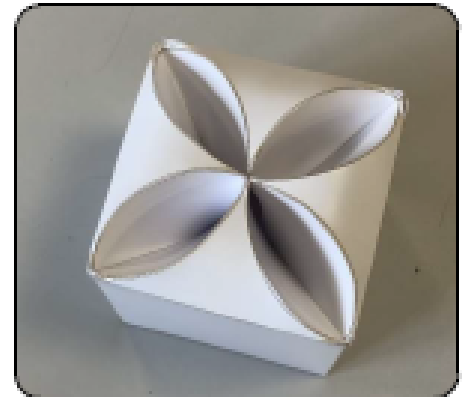
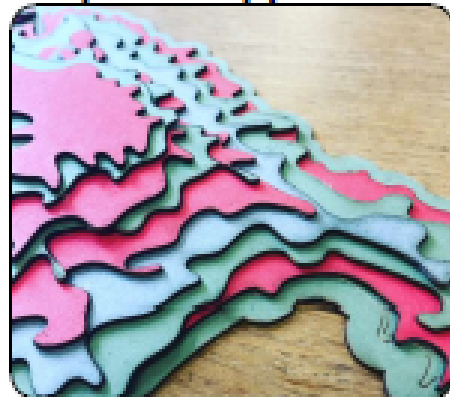
- Start now! If you haven't done so already. . start revising.  
Plan a timetable – 20 mins per subject/topic
- Avoid distractions – a quiet space, no phone, no social media, no TV (a reward every 20 mins can be to check Instagram)
- Don't just read books and notes – write, type and draw! Lists, flow charts and mind maps will help you break topics down and map out your thoughts and ideas. Visual organiser can be great to capture entire topics or themes
- Chunk revision:  
e.g. *WEEK ONE MATHS – Monday 20 mins, Wednesday 20 mins & Friday 20 mins*
- Test yourself – list key words or concepts you can remember, ask a friend/parent to quiz you, write a paragraph about a topic from memory



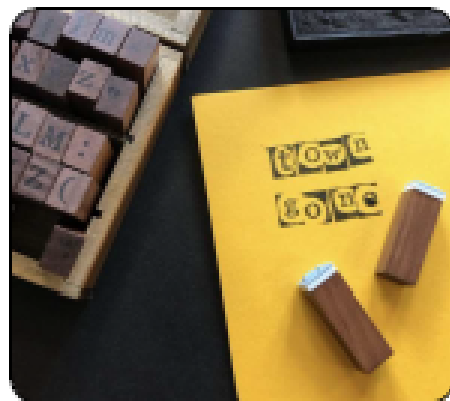
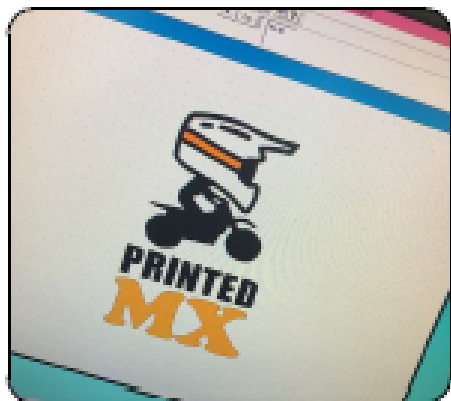
# Graphics

## SPRING 2023

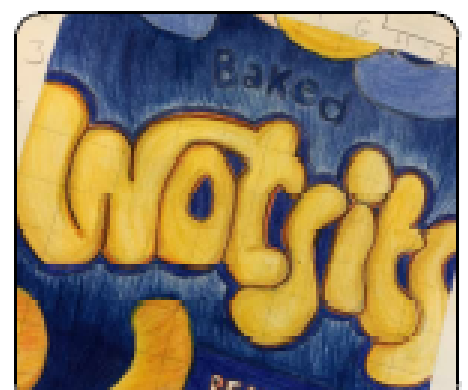
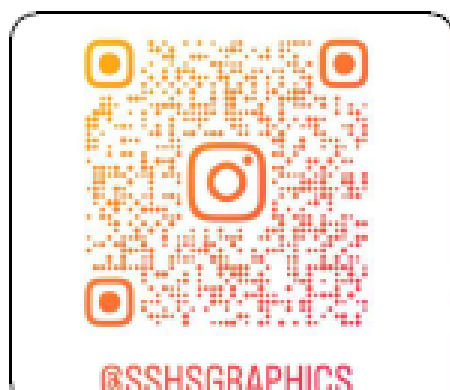
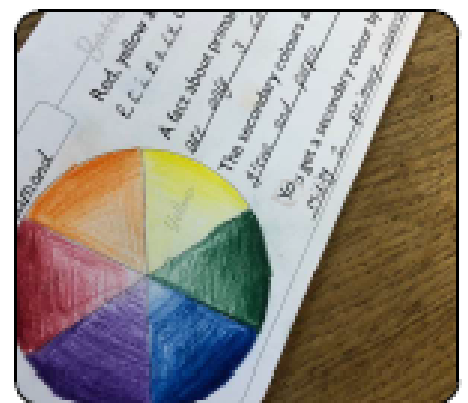
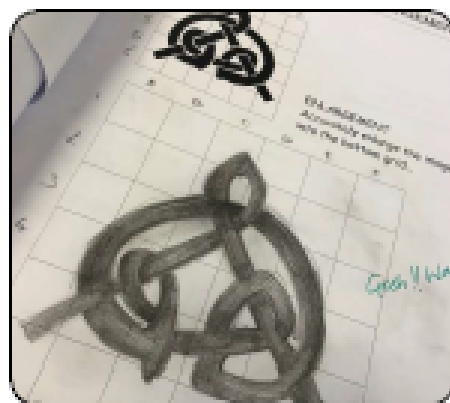
YEAR 11 - snippets of prototypes



YEAR 10 Coursework



KS3 Awesomeness...







**'ADHD & ME' HAS PARTNERED WITH 'WIGWAM GUERNSEY' AND TOGETHER THEY ARE HOSTING TWO EVENTS WITH GUEST SPEAKER, BEST SELLING AUTHOR, SOLI LAZARUS.**

**THE EVENT IS AIMED AT PARENTS, CARERS, GRANDPARENTS (AND OTHER FAMILY MEMBERS) OF ADHD CHILDREN AND TACKLES STRATEGIES TO USE AT HOME. TO REGISTER, VISIT EVENTBRITE AND SEARCH 'SOLI LAZARUS'.**

## PANCAKE RACES

We enjoyed flipping pancakes in the annual pancake race, earning points towards our House Point totals. It was a closely contested competition but Jethou were crowned this year's champions.



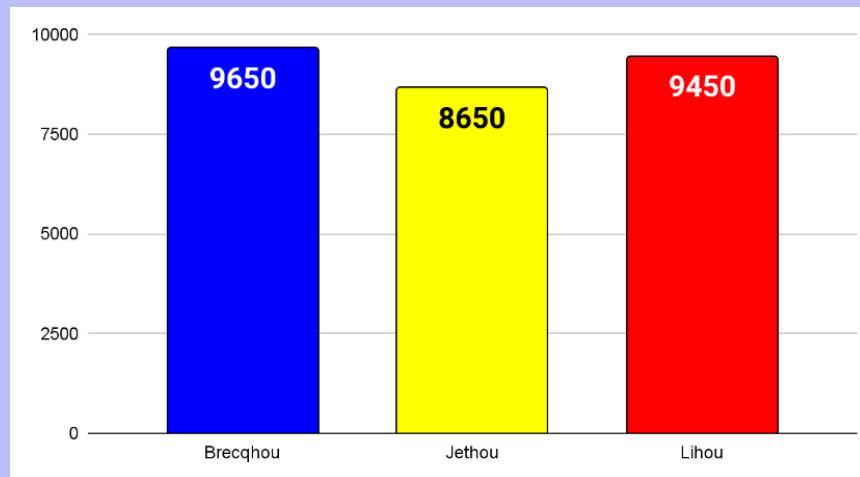
## FAIRTRADE COMPETITION

Harry Bourgaize designed a poster to promote Fairtrade in Guernsey. He won some delicious Fairtrade chocolate and a book. Well done, Harry. We look forward to seeing your poster across the island.



# HOUSE NEWS

WE HAVE HAD AN EXCEPTIONALLY BUSY TERM WITH MANY EVENTS TAKING PLACE AND PLENTY OF HOUSE POINTS AND MERITS BEING EARNED. WE ARE LOOKING FORWARD TO LOTS OF EVENTS NEXT YEAR INCLUDING SPORTS DAY WHERE PLENTY OF POINTS ARE SURE TO BE EARNED!



## SOUR FIG PULLING



On Wednesday, 5th April, our Student Council members and a team of trusty volunteers headed to Fort Doyle with Becky and Sarah from La Société Guernesiaise to pull up the invasive plant, sour fig. They filled almost two skips and enjoyed some Easter treats as a reward for their hard work.

Speak to a member of our Student Council if you would like to help next time!







## Come drop in to one of our Youth Clubs

	Mon	Tue	Wed	Thur	Fri	Sat
<b>NORTH Youth Club</b>  <b>T: 242555</b>		<b>NORTH JUNIORS</b> (AGE 7-11) <b>6-8PM</b>		<b>NORTH SENIORS</b> (AGE 12-18) <b>6.30-8.30PM</b>		
<b>PAV Youth Club</b> <b>T: 226998</b>  IN THE SUMMER STREET REACH. COBO/LE GENATS (OUT IN THE COMMUNITY) <b>11-3PM THURSDAYS</b>			<b>INTERMEDIATE YOUTH CLUB</b> (YEAR 8&9) <b>3.30-5.30PM</b>	<b>LUNCHTIME CLUB LBHS YR 7</b> <b>1-2PM</b> <b>STREET REACH COBO/LE GENATS</b> (OUT IN THE COMMUNITY) <b>5-7PM</b>		
<b>The HUB</b>  <b>UNIT 3 T: 724421</b> <b>SKATE PARK CAMBRIDGE PARK</b>		<b>UNIT 3 SENIORS</b> (AGE 14-18) <b>6-8.30PM</b>			<b>UNIT 3 DROP-IN</b> (AGE 14-18) <b>4-7PM</b>	<b>LEARN TO SKATEBOARD</b> <b>10-12AM</b>
<b>DRAGONFLIES</b> PARENT AND TODDLER GROUPS <b>T: 226099</b> SUMMER PROGRAMME IN THE HOLIDAYS		<b>ROSEVILLE</b> <b>9.30 - 11.30AM</b>		<b>LES CAMPS</b> <b>9.30-11.30AM</b>	<b>STYX</b> <b>9.30-11.30AM</b>	

# PARENT FORUMS

We would love for you to join us

Date	Forum/Workshop
Tuesday 02nd May @ 5.30pm	Understanding the teenage brain
Tuesday 16th May @ 5.30pm	How to support my child in Science KS3
Tuesday 23rd May @ 5.30pm	How to support my child in Maths KS3
Tuesday 13th June @ 5.30pm	Devices and Technology
Tuesday 20th June @ 5.30pm	How to support my child in English KS3
Monday 26th June @ 6pm	Year 6 Transition information
Tuesday 04th July @ 5.30pm	Update and School priorities for the next academic year.

